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# AN EVALUATION OF THE IMPLEMENTATION OF THE SUKOWATI GOLD PROGRAM IN SRAGEN REGENCY PREPARING THE CONTINGENT OF SPORTS WEEK OF CENTRAL JAVA PROVINCE XVI IN 2021

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#### Article History.

#### **Abstract**

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The aims of this study are: (1) Knowing local government policies (2) Knowing the sports funding system (3) Knowing sports facilities and infrastructure (4) Knowing the achievements that have been achieved. (5) Knowing the policy of the Sragen Regency Government in giving appreciation/award for outstanding athletes. The method used in this research is program evaluation research using qualitative research methods with the Countenance program evaluation approach model (Robert Stake). The data sources of this research are the Department of Youth and Sports, Indonesian National Sports Committee of Sragen Regency, the general public, Prosukma Trainers and Athletes. Data collection techniques using interviews, documentation and observation. The flow of this research includes: data collection, initial data presentation, data reduction, reduced data presentation and conclusion drawing. The conclusions of this research are (1) the Regional Government of Sragen Regency in terms of policy has mandated the National Sports System Law number 3 of 2005, as evidenced by the existence of programs that are run and the implementation of sports activities both coaching and appreciation of high-performing athletes in Sragen Regency. (2) The funding and budget for the development of sports achievements in Sragen Regency is limited and according to the Regional Revenue and Expenditure Budget in the 2020 Regency, which is 40.892.582.825, then for the 2020 Indonesian National Sports Committee grant, which is 3.75%. (3) The facilities and infrastructure in this case the Diponegoro Sports Center are suitable for use but not yet at the National standard and the training facilities are already good due to the transfer of championship funds due to Covid-19 to complete the training facilities. (4) Sports achievements in Sragen Regency have been proven when Prosukma was run namely the results of Province Sport Week XV in 2018 being able to raise the ranking from 32 to 27 with 5 gold medals won in petangue and fighting degrees, 9 silver for wushu, swimming, rock climbing, pencak silat and yongmodo, 13 bronze for petangue, fighting degrees, wushu, swimming, taekwondo, karate and boxing (5) The appreciation of outstanding athletes cannot be separated from the role of the Regional Government of Sragen Regency in terms of appreciating the local government providing coaching money for achievements at the provincial and national levels.

**Keywords:** Prosukma, provincial sports week

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#### INTRODUCTION

Fostering and developing national sports that can ensure equitable access to sports, improve health and fitness, improve performance, and manage sports that can face the challenges and demands of changing national and global life necessitates the development of a system to explore and develop human potential to excel in the field of sports. It is not an easy task because humans have a unique system with advantages and limitations, but these advantages and limitations are not only obstacles to reaching peak achievements. Improving sports performance is a lengthy process that involves all parties and disciplines that are scientifically studied from the start until an athlete achieves a goal.

The National Sports Week is a four-year national multi-sport event that serves as the culmination point of sports activities aimed at improving and developing national sports achievements. Furthermore, the National Sports Week serves as a venue for evaluating the outcomes of coaching provided by the Indonesian National Sports Committee. As the Government's seriousness in dealing with sports achievements in Indonesia, the National Sports System Law no. 3 of 2005 as an effort to improve sports performance in Indonesia (National) the government and local governments have duties, authorities. As explained in the Law on the National Sports System No. 3 of 2005 article 12 paragraph (1) that, "the government has the task of establishing and implementing policies and standardization of the sports sector nationally". In addition, the National Sports System Law No. 3 of 2005 also explains the role of local governments in advancing sports achievements (article 20 paragraph 5) that local governments can develop (I) sports associations, (2) research centers and scientific developments, sports knowledge and technology, (3) central sports achievement development (4) education and training of sports personnel, (5) achievement sports infrastructure and facilities, (6) scouting system and sports talent development, (7) sports information system, (8) conduct trials of regional, national and international athletes' achievement abilities as needed. In addition, Article 34 paragraph (2) states that the district or city government is obliged to manage at least one leading sport at national and or international standards.

Based on the National Sports System Law No. 3 of 2005 above, the researchers are interested in conducting research on the implementation of the Sukowati Gold program (abbreviated PROSUKMO) in Sragen Regency to prepare a contingent of sports week in Central Java Province XVI, Sragen Regency in 2020. The results of observations made by looking directly at the office of the Indonesian National Sports Committee in Sragen Regency. The findings of data from initial observations that the implementation of Prosukma has been carried out, these results will be continued by researchers as research material.

#### **METHODS**

To obtain the information required for problem solving, research must be conducted. The study was conducted at the Indonesian National Sports Committee's secretariat office in Sragen Regency, as well as the sports branch discovered through preliminary data. The study was carried out between November and December of 2020. The time and date were adjusted in accordance with the sports branch and related agencies. The method used in this study is descriptive qualitative with a program evaluation approach model from Zainal Arifin (2019: 121) Countenance (Robert Stake) by paying attention to three dimensions of things, namely Antecedent, Transaction, and Outcomes. The Snowball sampling technique was used in this study. Sugiyono (2018: 125) defines snowball sampling as "a technique for determining samples that are initially small in number, then enlarged." Like a long-rolling snowball that grows in size. Suharsimi Arikunto (2010: 101) defines an instrument as "a tool chosen and used by researchers in their collecting activities so that these activities become systematic and facilitated by them." Sugiyono (2018: 305) also stated, "In qualitative research, the instrument or research tool is the researcher himself." The instruments used in this study were interviews, documentation, and observation. When determining the sample, one or two people are chosen first, but because the data provided by these two people is incomplete, the researcher looks for

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other people who are thought to know more and can complete the data provided by the two previous people. And so on, increasing the number of samples. The data analysis used in this study is based on Bogdan and Biklen's 1982 book Maleong (2017: 248), which defines data analysis as "an effort made by working with data, organizing data, sorting it into manageable units, synthesizing it, looking for and finding patterns, discovering what is important and what is learned, and deciding what to tell others."

#### **DISCUSSION**

#### 1. Antecedent Evaluation Results

### a. Local Government Policy

The Department of Youth and Sports of Sragen Regency as a government stakeholder as well as local government policy strongly supports the Sukowati Gold program (abbreviated PROSUKMA in Indonesia). The role of the government in terms of sustainability of achievement development in Sragen Regency, talking about the budget that the local government does not pay attention to the sustainability of coaching and the budget that has been given every year is not enough to carry out County Sports Week as a place for breeding potential athletes, because the budget is absorbed for PROSUKMA only and sustainability County Sports Week was discontinued. Of course, this is a big job for the Indonesian National Sports Committee of Sragen Regency and the sports branch to be able to carry out independent coaching and breeding.

## b. Featured Sports

Sragen Regency has several prioritized sports. The sports are swimming, fighting, petanque, motorcycle racing, shooting, rock climbing. This sport has become a priority sport by the Indonesian National Sports Committee because it has been proven in the 2018 Province Sports Week XV results. But that does not mean that other sports are not prioritized by the Indonesian National Sports Committee. All sports are good, it's just a matter of how these sports compete with other sports to get the best performance.

#### 2. Transaction Evaluation Results

#### a. Funding

Limited funds for managing sports activities and conducting athlete nurseries through Prosukma. In addition to funding for the management of the Indonesian National Sports Committee every year, the Department of Youth and Sports through the Indonesian National Sports Committee proposes that there are 19 sports included in PROSUKMA with 48 coaches and 111 athletes. The Regional Government and the Indonesian National Sports Committee provide incentive assistance of 400.000 for coaches and 300.000 for athletes, the system of giving is directly transferred to the accounts of each athlete and coach. This minimizes incentive cuts and budget misappropriation. In addition to this, the Indonesian National Sports Committee also appreciates the achievements of PROSUKMA athletes where this has been said well in several sports that have been given directly to athletes and coaches, for example the 2018 Province Sports Week XV event in Surakarta City and athletes who can win medals at the provincial and national championships.

#### b. Achievement

The results of the 2018 Province Sports Week XV in Surakarta City show that the Development of Sports Achievements in Sragen Regency has increased as evidenced by the number of gold medals won, namely 5 gold medals with a ranking of 27. This shows an increase from the results of Province Sports Week XIV 2013 in Banyumas Regency

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getting 1 gold medal with a rank of 32. Apart from the results of the 2018 Province Sports Week XV, please note that there are several sports that have won international championships.

#### c. Facilities and infrastructure

Most of the provision of achievement sports facilities and infrastructure is still incomplete because currently the provision of achievement sports facilities and infrastructure in Sragen Regency in the form of the Diponegoro Sports Center is only a few sports that can exercise there due to the limited field. Diponegoro Sport Center assets owned by the Sragen Regency Government are managed by the Department of Housing and Settlements, this makes the management involve many stakeholders. It should be noted that sports activities must be focused on sports to prepare the Sragen Regency contingent team.

## 3. Output Evaluation Results

#### a. Athlete Award

In terms of appreciation from the local government in terms of awarding outstanding athletes, it is proven that the results of the athlete acceptance bonus when winning the 2018 Province Sports Week XV medal in Surakarta City have been received by athletes after the event took place. In addition to awards at the Province Sports Week multi-event, awards from local governments are also given when sports have excelled at the National Championship level, the provincial Kejurprov does not rule out the possibility of international championships.

## b. Sustainability Appreciation

Improving the effectiveness of achievement sports coaching requires courage to make decisions in terms of setting a priority budget for the sports to be fostered. With the priority, of course, the coaching carried out must be focused without neglecting other sports. The appreciation here is expected to continue every year, the acceptable amount is expected to increase every year and at a minimum every year it remains the same.

#### **CONCLUSION**

The discussion regarding the implementation of the training of PROSUKMA Indonesian National Sports Committee athletes in Sragen Regency can be concluded as follows:

Regional Government Policy of Sragen Regency. The background of PROSUKMA coaching which consists of the vision, mission, and coaching objectives is clear and for the completeness of the equipment it is well structured and there is a coaching program that has been prepared by the management in carrying out athlete coaching in accordance with the directions given by the Chairman of the Indonesian National Sports Committee to prepare athletes athletes who are able to take part in Province Sports Week championship events in accordance with each sport and participate in championship events at both national and international levels. The Regional Government of Sragen Regency in terms of policy has mandated the National Sports System Law number 3 of 2005, as evidenced by the programs implemented and the implementation of sports activities both coaching and appreciation of outstanding athletes in Sragen Regency.

Sragen Regency Funding

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The funding provided by the Government to the Indonesian National Sports Committee has not met the needs of athletes and coaches according to branches and includes funds for the departure of athletes who will take part in the championship even though they receive facilities from the Indonesian National Sports Committee but do not rule out the possibility of using personal funds. Coordination between the government, administrators, coaches, and athletes at the Indonesian National Sports Committee has been going quite well, but there are some difficulties related to communication coordination between the administrators and the government because they are not optimal in carrying out joint commitments. For the welfare of the current administrators, coaches, and athletes, it is good enough because incentive and bonus money are always given by the Indonesian National Sports Committee, the sports branch and from the local government. This is evidenced by the limited amount of Regional Revenue and Expenditure Budget in the Sragen Regency, funding and budget for achievement sports development in Sragen Regency and according to the 2020 Regional Revenue and Expenditure Budget budget, which is 40.892.582.825, then for the 2020 Koni grant, which is 3.75%. Of course, this is very limited to doing sports coaching in Sragen Regency and running a program, one of which is PROSUKMA.

#### Facilities and infrastructure

The facilities and infrastructure, in this case the Diponegoro Sport Center, are suitable for use, but they are not yet of a national standard and the training facilities are good because of the transfer of championship funds due to the Covid-19 situation to complete the training facilities. Based on the findings at the time of the research that the training facilities in Sragen Regency were good, then in looking at the condition of the training ground or sport center it was said that it was not a national standard because it was still far from the standard guidelines for sports infrastructure. In addition, there are several sports that use a training ground outside the Diponegoro Sports Center.

#### Achievement

The implementation of coaching PROSUKMA athletes consisting of coaches is good because they already have a coach license but there are still coaches who do not have a coach license, the training program that trains them has been running according to the program that the coach made. Athletes who have been recruited for PROSUKMA coaching are said to be worthy enough to compete because these athletes are competent in their respective sports. The implementation of the training program and work program went quite well.

Sports achievements in Sragen Regency have been proven when Prosukma was run, namely the 2018 Province Sports Week XV results were able to raise the ranking from 32 to 27 with 5 gold medals won in petanque and fighting degrees, 9 silver for wushu, swimming, rock climbing, pencak silat and Yongmodo, 13 bronze medals were won in petanque, fighting, wushu, swimming, taekwondo, karate and boxing. Sports achievements are still less stable in obtaining medals in every competition in the championships of each of the existing sports, because not all existing sports get medals every year and participating in championships is not routine every year. In achieving achievements in each sport, there are still sports that have not been able to achieve achievements. In this case, it can be seen that the expected target of the PROSUKMA coaching program has not been achieved. So that the implementation of the PROSUKMA athlete coaching program can be continued but

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still needs to be improved and improved again, because there are some facilities that are still lacking and not in accordance with what is expected.

## Local Government Policy towards Athletes with Achievement

Appreciation for athletes' achievements in the form of money which has been said to be good in several sports has been given directly to athletes and coaches, for example the 2018 P Province Sports Week XV event in Surakarta City and athletes who can win medals at the provincial and national championships. This commitment is an obligation for the Regional Government and the Indonesian National Sports Committee, in understanding the duties and functions, hard work and togetherness between sports are the keys to the success of the PROSUKMA program.

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