

SPORTS STUDY OF FOOTBALL IN KARANGANYAR DISTRICTNuruddin Priya Budi Santoso^{1*}, Shodiq Hutomono², Aji Winata³¹Universitas Tunas Pembangunan Surakarta (UTP), Indonesia²Universitas Tunas Pembangunan Surakarta (UTP), Indonesia³Universitas Tunas Pembangunan Surakarta (UTP), Indonesia*e-mail: nuruddin.santoso@lecture.utp.ac.id

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Abstract

The aims of this research are: (1) To find out the facilities and infrastructure for football sports in Karanganyar Regency. (2) Football sports development system in Karanganyar Regency. (3) The role of the Regional Government in sports in Karanganyar Regency. (4) Achievements that have been achieved by the sport of football in Karanganyar Regency.

The method used in this research is descriptive qualitative. The data source was obtained from the Football School Club in Karanganyar district. Data collection techniques using observation, interviews and documentation.

Based on the results of data analysis: (1) Sports facilities and infrastructure in Karanganyar district. The increase in football performance in Karanganyar district through the regional government has also been improved by revitalizing the football stadium in Karanganyar. (2) The football sports coaching system has been proven where KONI Karanganyar Regency collaborates with related parties to expedite and make the sports coaching program more effective, one of the streamlining of the Education Department's collaboration program in terms of nursery and early childhood development, through activities such as PORSENI, POPDA. (3) The role of the district government in football. Participation in the development and development of football sports achievements through KONI Karanganyar district, that the Regent of Karanganyar issued a policy that the Regent promote sports in Karanganyar, especially football by revitalizing the stadium. (4) The achievements achieved by football in Karanganyar Regency, data was found that the club with the highest achievement was the Zettle Meyer football club, proven by the results of interviews with administrators, coaches and athletes of the Zettle Meyer club that the club won the Surakarta National Football Championship and won the National Cross Championship. Nusantara Central Java Governor's Cup.

Keywords: Construction, Performance, Football

INTRODUCTION

Sport is a form of planned and structured physical activity that involves repetitive and elevated body movements to improve physical fitness. Sport aims to develop aspects of health, physical fitness, critical thinking skills, emotional intelligence, social skills and moral actions through physical activities and sports. In general, when there is a question about sports, we will look at sports activities in society and sports provided in schools. Apart from health, sport is also a vehicle for making the nation proud, from sport there are many things that must be questioned, both to improve performance and physical fitness. Successful achievements result from athletes who have talent in certain sports branches that are accepted. Sport is a field that needs to be studied more deeply, many researchers want to add to their collection of scientific works in order to improve athlete performance.

The goals of sport are not the same from one individual to another, there are four human goals for doing sport, namely: (1) creative sport which supports the achievement of physical and spiritual health, (2) educational sport which focuses on the field of education. (3) professional sports emphasize the achievement of material benefits, and (4) competitive and achievement sports support competitive activities and achievement.

Achievement comes from Dutch which means results and effort, achievement obtained from the effort that has been done. From this definition, the meaning of achievement is the result of the effort made by someone. "Achievement sports are sports that nurture and develop athletes in a planned, tiered and sustainable manner through competition to achieve achievements with the support of sports science and technology." Identifying talent can be done using natural methods and scientific selection methods. Natural selection is scientific selection and discussion and scientific selection is selection with scientific application (science and technology). Sports coaching must be carried out from the age of children, the group of elementary school students consists of the golden age which is appropriate for laying the foundations of movement skills. The golden age of elementary school children is grouped into two, namely (1) playing age for the lower class group and (2) skill development age for the upper class group.

The development of talent scouting and achievement sports coaching can be seen from the level of effort in managing a sport. The aim of sports coaching is a sport that fosters and develops an athlete or team in a planned, tiered manner. and sustainable through competition to achieve achievements with the support of sports knowledge and technology. Meanwhile, sports coaching is a nursery system.

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in a planned, tiered and sustainable manner through competition to achieve achievements with the support of sports science and technology." Involving individual athletes in building their professionalism through a system that has been established with achievement goals. Talent scouting to attract athletes is carried out starting from schools, clubs and the community through organizing sports competitions whether organized by the government or the private sector. Athlete development from the results of the talent scouting process is carried out in stages and is managed through coaching centers. The sports athlete development centers offered are: Elementary School, Middle School (SMP), High School (SMA), Student Education and Training Center (PPLP), Student Education and Training Center (PPLM).

Based on initial observations that researchers found, not all of the football clubs in the Karanganyar district have good management and facilities that meet the standards for running school football clubs. The poor condition of club management has hampered the development of clubs and players. There are many things that need to be addressed and need to be studied regarding the implementation of coaching football clubs throughout Karanganyar district.

The guidance and development of national sports that can guarantee access to sports, improve health and fitness, increase performance, and sports management that is able to overcome the challenges of national and global change requires: a system for developing and developing human potential to excel in sports. This is more important than human problems, because humans have unique systems and have advantages and limitations, but these advantages and limitations are not only obstacles to achieving success towards peak achievement. Improving sports performance is a long process that involves all parties and scientific disciplines that are studied scientifically from the start until an athlete achieves an achievement. According to Agustanico Dwi Musyadi (2015: 5) "Sports coaching and development through the stages of introducing sports, monitoring, scouting, developing talents and increasing achievement in the family path, education path and community path."

All achievements cannot be separated from how the management of sports performance development is carried out. It is well known that there are several sports that have etched gold at the international level. Several awards have been won by Indonesian athletes at the international level which shows that Indonesian sports are able to compete at the international level. However, of the many sports in Indonesia, not all of them are able to achieve success at the international level. Several sports branches are capable of achieving sporting achievements at the international level in badminton and weightlifting at the Olympics. This challenge is not yet understood. Sports in Indonesia have the ability to manage sports that are capable of achieving achievements on the international stage. Therefore, it is necessary to discuss concrete steps, namely effective and

efficient development of the application of science and technology in the field of sports, especially sports that are currently developing.

As the Government's seriousness in improving sports performance in Indonesia, it has established the National Sports System Law (UUSKN) no. 3 of 2005 efforts to improve sports performance in Indonesia (National) the government and regional governments have duties and authorities. As explained in UUSKN No. 3 of 2005 article 12 paragraph (1), "the government regulates and implements policies and standards related to the field of national sports". Apart from that, the UUSKN also explains the role of regional governments in advancing sports achievements (article 20 paragraph 5) regarding regional governments being able to develop (1) sports associations, (2) research and development centers for sports science and technology, (3) coaching. sports achievements (4) education and training of sports personnel, (5) infrastructure and facilities for sports achievements, (6) systems for coaching and developing sports competencies, (7) sports information systems, (8) National and International according to needs. Apart from that, Article 34 paragraph (2) states that district or city governments require at least one leading sport at national and international levels.

The need to review UUSKN No. 3 of 2005 related to the government providing unlimited opportunities for provincial or district/city regional governments to develop sports achievements according to their respective abilities and characteristics, including developing superior sports that can be developed by district governments. According to Untung Nugroho (2015: 119-122) in his book Management of Government and Private Sports, the characteristic of an organization is that it is a union of activities or a form of cooperation. It can only be said to be an organization if (1) The organizational structure is created in accordance with needs (2) It has clear objectives. (3) Unity of Direction (4) Unity of Command (5) Balance of authority and responsibility (6) Clear division of tasks (7) Distribution of tasks (8) Appropriateness of imbalance or rewards given.

METHODS

The method used is Qualitative Descriptive as stated by Ali Maksum (14: 2012) "Qualitative research is research that requires describing and solving a final phenomenon with the researcher as the main instrument". Data collection techniques are carried out by collection, interviews and documentation. According to Arikunto (2010: 100) data collection methods are methods that can be used by researchers to collect data. Data is a source of information consisting of explanations that support research. Data collection techniques in qualitative research here are obtained from words and actions, the rest is additional such as documents and so on. Data is an important factor, because of data analysis can be done and then conclusions can be drawn. Research data was obtained through (1) observation, (2) interviews, and (3) documentation.

1. Observation

Observation or observing according to Ali Maksum (2012: 84) "observation is paying attention to objects accurately, recording phenomena that arise and considering the relationship between aspects of the phenomenon". In this research. using participant observation (participant observation), namely the researcher is involved in the daily activities of the person being observed, with participant observation, the data obtained will be complete, collected, and then accessed when finding out what it means.

2. Interviews

Interviews according to Ali Maksum (2012: 85) "interviews are conversations or questions and answers conducted to achieve certain goals," In this research the researcher used an unstructured type of interview, a free interview where the researcher did not use interview instructions that had been prepared and complete To collect data, the interview guide used only consists of outlines of what will be asked.

3. Documentation

Documentation according to Ali Maksum (2012: 131) "The Documentation Method is a way of collecting data through notes, archives, transcripts, books, newspapers, magazines and so on". In carrying out the documentation method, researchers investigate written objects such as books, magazines, documents, regulations and so on. The documentation method used by researchers in completing the research results is so that they can complement each other.

"Research variables are concrete forms of several concepts" (Agung Sunano & Syaifulah, 2011: 33). Meanwhile, according to Sugiyono (2010: 60), "Variables are everything that forms whatever the researcher determines to obtain information about it, then take it conclusion.

FINDINGS AND DISCUSSION

Findings

The results of data collection that has been carried out on data about football in Karanganyar district show that the data that will be presented is the development and condition of football clubs in Karanganyar district. There are many football clubs in Karaganya district. To make it easier to conclude the research results, 4 football clubs were taken whose training grounds and areas were different. In this chapter, 4 football clubs will be presented in Karanganyar district but in different sub-districts and training grounds. These clubs have different backgrounds, starting from coaches, facilities and infrastructure, club administrators and athlete breeding. Data obtained from 4 football clubs in Karanganyar district through interviews, documentation and observation. The obstacle faced during data collection was uncertain weather conditions.

1. Putra Kaliboto Football School

From the results of an interview with one of the administrators who is also a coach at the Putra Kaliboto Football School Club. Putra Kaliboto Football School itself is in the Mojogedang sub-district and its training ground is in the Mojogedang field. Putra Kaliboto Football School has provided guidance and training at football schools with participants ranging from elementary school age to high school age. The training includes technical training in the field and physical condition development training, especially with weight training. Putra Kaliboto Football School itself has training time 3 times a week on Monday, Wednesday and Friday.

2. Watu Sambang Football School

Results of an interview with one of the administrators who is also a coach at the Watu Sambang Football School Club. Watu Sambang Football School itself is in the Tawangmangu sub-district and its training ground is in the Plumbon Tawangmangu field. Watu Sambang Football School provides training for athletes at elementary school, middle school and high school levels. Watu Sambang Football School itself has training time 3 times a week on Tuesday, Thursday and Saturday.

3. POP Football School

From the results of an interview with one of the administrators at the POP Football School Club. Data about POP Football School was found that football school has steps that are exemplary for other football school clubs. This was discovered during an interview with one of the administrators, he stated "for my steps for the progress of the team, every time there is a competition I gather the parents of the children and discuss whether the children are participating or not, bro, and also at every training session we also hold such as outbound or t-training exercises in Tawangmangu for the children's physical condition and so that the children don't get bored playing or practicing.

4. Zattle Meyer Football School

Results of an interview with one of the administrators at the Zattle Meyer Football School Club. Data was found at Zattle Meyer Football School that the football school club is located in the Jaten sub-district area and its training ground is at the Brigif 413 Dormitory Field. Zattle Meyer Football School provides training for athletes at elementary school, middle school and high school levels. Zattle Meyer Football School itself has training time 3 times a week on Tuesday, Thursday and Saturday.

Discussion

1. Putra Kaliboto Football School

The football school coaching system for Kaliboto boys implements good training and the infrastructure is also adequate. The implementation of the work program is also in accordance with the directions of the field administrators who are more familiar with the conditions in the field. Funding for clubs still depends on contributions from athletes' parents and assistance from the local government. The achievements obtained are still at regional level.

2. Watu Sambang Football School

The Watu Sambung Football School coaching system implements good training and the infrastructure is also adequate. Implementation of the program includes technical training in the field and physical condition development training, especially with weight training. Funding for clubs still depends on contributions from athletes' parents and assistance from the local government. The achievements obtained are still at regional level.

3. POP Football School

The POP Football School coaching system implements good training and the infrastructure is also adequate. Implementation of outbound programs or training exercises in Tawangmangu for children's physical condition and so that children do not get bored playing or practicing. Funding for clubs still depends on contributions from athletes' parents and assistance from the local government. The achievements obtained are still at regional level.

4. Zattle Meyer Football School

The Zattle Meyer Football School coaching system implements good training and the infrastructure is also adequate. Implementation of the program according to the program planned by the management. Funding for clubs still depends on contributions from athletes' parents, assistance from the local government and sponsors. Achievements at regional and national levels.

5. Sports Facilities and Infrastructure in Karanganyar

Sports facilities and infrastructure in Karanganyar district Administratively, Karanganyar Regency is divided into 16 sub-districts with a total population of 870,679 people. In reality, every sub-district has a football field, but not all fields are maximized for use for coaching sports, especially football. Increasing football achievements in Karanganyar Regency through the regional government also does not turn a blind eye to revitalizing the football stadium in Karanganyar, namely Stadium 45.

6. Football Coaching System in Karanganyar

The football coaching system in Karanganyar Regency has been proven where KONI Karanganyar Regency is trying to collaborate with related parties in order to expedite and make the sports coaching program more effective. nursery and early childhood development, through

activities such as PORSENI and POPDA. Apart from the selection carried out by the Education Office, athlete selection is also carried out by the administrators or coaches of each Pengcab from each club in Karanganyar Regency. Then the athletes who pass the selection are coached and trained at every club or football school match. After carrying out these several stages, it is the obligation of the Karanganyar Regency PSSI Askab to select players who are considered talented.

7. The Role of The Karanganyar District Government in Football

The role of the local government of Karanganyar district in the development and development of soccer sports achievements through KONI Karanganyar district is that the Regent of Karanganyar issued a policy that the Regent wants to promote sports in Karanganyar, especially football by revitalizing Stadium 45 Karanganyar. Currently, the condition of the stadium has begun to be restored starting from the gate. entry and so on, so that people's enthusiasm for football activities will increase.

CONCLUSION

Based on the results of research conducted regarding the sport of football in Karanganyar district, the following conclusions were drawn:

1. Sports facilities and infrastructure in Karanganyar Regency. Increasing football performance in Karanganyar Regency through the local government has also been improved by revitalizing the football stadium in Karanganyar, namely Stadium 45.
2. The football sports development system in Karanganyar has been proven to be good, where KONI Karanganyar Regency is trying to collaborate with related parties in order to expedite and make the sports development program more effective. One of the streamlining of the cooperation program sponsored here is, collaborating with the Department Education in terms of nursery and early childhood development, through activities such as PORSENI and POPDA.
3. The role of the Karanganyar district regional government in football. The role of the Karanganyar district government in the development and development of football sports achievements through the Karanganyar district KONI. The Karanganyar regent issued a policy that the regent wanted to promote sports in Karanganyar, especially football by revitalizing the 45 Karanganyar Stadium.
4. The achievements that have been achieved by the sport of football in Karanganyar Regency, data was found that the club with the highest achievements is the Zettle Meyer football club, proven by the results of interviews with administrators, coaches and athletes of the Zettle Meyer club.

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